



# FORT WORTH LAP-BAND®

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## **INSTRUCTIONS FOR FILLS**

1. Liquids only, NO SOLIDS the day of a fill. (Protein drinks, Broth, Tomato soup, Jell-O). If you eat any solids you WILL NOT have a fill.
2. Full liquids/ Pureed everything for 2nd day
3. Soft foods, canned foods for 3rd day
4. Regular diet on 4th day

IF YOU HAVE ANY QUESTIONS OR CONCERNS, ALWAYS CALL OUR OFFICE. IF WE ARE OUT OF THE OFFICE, THE DOCTOR ON CALL WILL BE PAGED AND WILL RETURN YOUR CALL.